

Religious Understanding

Me, My Body, My Health

Emotional well-being

Life Cycles

Keeping Safe

Living in the wider world

Personal Relationships

That they can and should be open with 'special people' they trust if anything troubles them

We can say sorry and forgive like Jesus

That there are different people we can trust for help, especially those closest to us who care for us

We are each unique, with individual gifts, talents and skills.

Whilst we all have similarities because we are made in God's image, difference is part of God's plan.

That they should help at home with practical tasks

About safe and unsafe situations indoors and outdoors, including online. That they can ask for help from their special people.

The Reception RSE/PSED Student

I have learned...

About what harms and improves the world in which we live

An understanding that everyone experiences feelings, both good and bad

That we have a duty of care for others and for the world we live in

About different types of teasing and that all bullying is wrong and unacceptable

Simple strategies for managing emotions and behaviour **PSED Reception**

That we have choices and these choices can impact how we feel and respond.

The characteristics of positive and negative relationships

That our bodies are good and we need to look after them **PD Reception**

That they belong to various communities, such as home, school, parish, the wider local area, nation and the global community

To recognise when they have been unkind to others and say sorry.

How their behaviour affects other people and that there is appropriate and inappropriate behaviour

What constitutes a healthy lifestyle, including exercise, diet, sleep and personal hygiene **PD Reception & PSED ELG**

A language to describe my feelings **PSED Reception**

To recognise when people are being unkind to them and others and how to respond.

To know they are entitled to bodily privacy



