



Personal
Relationships



Me, My Body, My
Health



Emotional well-being



Life
Cycles



Keeping Safe



Living in the wider
world

about change and loss including death and how these can affect feelings; ways of expressing/managing grief (RE)



Ways to maintain and develop good, positive, trusting relationships; strategies to use when relationships go wrong

About the need to respect and look after my body as a gift from God through what I wear, what I eat and what I physically do. (PE, DT links)

How conception and life in the womb fits into the cycle of life;

The Year 4 RSE/PHSE
Student

I have learned...

That there are different types of relationships including those between acquaintances, friends, relatives and family;

That good friendship is when both persons enjoy each other's company and also want what is truly best for the other;

How a baby grows and develops in its mother's womb including, scientifically, the uniqueness of the moment of conception

The difference between a group of friends and a 'clique'.

Learn about harassment and exploitation in relationships, including physical and emotional abuse and how to respond.

To devise practical ways of loving and caring for others.

That they were handmade by God with the help of their parents

Develop a greater awareness of bullying (including cyber-bullying), that all bullying is wrong, and how to respond to bullying.

To devise practical ways of loving and caring for others.

How to use technology safely(E-safety)

that people's spending decisions can affect others and the environment

about diversity: what it means; the benefits of living in a diverse community; about valuing diversity within communities

about prejudice; how to recognise behaviours/actions which discriminate against others

about different careers and pathways.

Quick reactions in an emergency can save a life.

I can help in an emergency using my First Aid knowledge.

In an emergency, it is important to remain calm.

about Money

That bad language and bad behaviour are inappropriate;

To judge well what kind of physical contact is acceptable or unacceptable and how to respond;

That there are different people we can trust for help, especially those closest to us who care for us,